

Joaquim Reis

Joaquim Reis. Completed the Doutoramento in Psicologia in 1993 by Universidade de Lisboa Faculdade de Psicologia and Licenciatura in Universidade de Lisboa Faculdade de Psicologia in 1984 by Universidade de Lisboa Faculdade de Psicologia. Is Researcher in Universidade de Lisboa Faculdade de Ciências, Associate Professor in Instituto Piaget de Almada, Director of the Master In Clinical and Health Psychology in Instituto Piaget, Researcher in Instituto Piaget, Coordinator of Health Research Group at INSIGHT in Instituto Piaget and Invited Editor of a Special Number in Psycho-Oncology: Clinical Health Psychology Research in Cancer. International Journal of Clinical Health Psychology in Instituto Piaget. Published 22 articles in journals. Has 5 section(s) of books and 2 book(s). Organized 1 event(s). Co-supervised 1 PhD thesis(es). Supervised 8 MSc dissertation(s). Has received 1 awards and/or honors. Participates and/or participated as Co-Principal Investigator (Co-PI) in 2 project(s), PhD Student Fellow in 1 project(s), Post-doc in 1 project(s), Post-doc Fellow in 1 project(s), Principal investigator in 4 project(s) and Researcher in 1 project(s). Works in the area(s) of Social Sciences with emphasis on Psychology. In their professional activities interacted with 120 collaborator(s) co-authorship of scientific papers. In his curriculum Ciência Vitae the most frequent terms in the context of scientific, technological and artistic-cultural output are: Psycho-Oncology; Distress; Psychophysiology; FDG brain PET; Metastatic breast cancer; Lay meanings; health and disease; health education; Affective pictures; poisoning; household products; Health Psychology; Patient autonomy; psychotherapeutic didactic videos; Electrical and Computer Engineering - Robotic; Intelligent and Information Systems; Computer Engineering; Illness meanings; developmental framework; illness meanings; breast cancer; health psychology; health and disease; communication ; health Education; prevention; cognitive therapy; self-help; cognitive-behaviour therapy; psycho-oncology; self-management of emotions; communication skills; health professionals; design; virtual reality; digital health; artificial intelligence; Big data; clinical psychology and psychotherapy, psychopathology, health psychology and clinical neurosciences; .

Identification

Personal identification

Full name
Joaquim Reis

Citation names

Reis, Joaquim C.
Reis, JC

Author identifiers

Ciência ID
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Email addresses

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Websites

<http://ibeb.ciencias.ulisboa.pt/joaquim-reis/> (Professional)

https://ipiaget.info/investigacao/?page_id=1264 (Professional)

Knowledge fields

Social Sciences - Psychology

Languages

Language	Speaking	Reading	Writing	Listening	Peer-review
Portuguese	Advanced (C1)	Advanced (C1)	Advanced (C1)	Advanced (C1)	
English	Intermediate (B1)	Advanced (C1)	Intermediate (B1)	Intermediate (B1)	

Education

	Degree	Classification
2017/03 - 2020/03 Concluded	Distress and regional brain metabolism: a correlational study in metastatic breast cancer patients (Pós-doutoramento) Universidade de Lisboa Instituto de Biofísica e Engenharia Biomédica, Portugal	
2008 - 2010 Concluded	well-being narratives in a sample of middle-life women (Pós-doutoramento) Universidade de Coimbra, Portugal	
1993 Concluded	Psicologia (Doutoramento) Universidade de Lisboa Faculdade de Psicologia, Portugal <i>"A construtivistic and developmental methodology for the prevention of excessive emotional reactions in surgery cardiac inpatients" (THESIS/DISSERTATION)</i>	Approved.
1990/04/23 - 1990/06/25 Concluded	Methods of dramatic expression in Psychotherapy (Outros) Universidade de Lisboa Faculdade de Psicologia, Portugal	approved
1988/06 - 1988/07 Concluded	First European Summer School of Cognitive Therapy (Outros) Universidade de Lisboa, Portugal	
1984 - 1987 Concluded	Pós-Graduation in Psychotherapy (Pós-Graduação) Associação Portuguesa de Terapias Comportamental e Cognitiva, Portugal	approved

1979 - 1984 Concluded	Universidade de Lisboa Faculdade de Psicologia (Licenciatura)	14 valores
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Universidade de Lisboa Faculdade de Psicologia, Portugal

Affiliation

Science

	Category Host institution/organization	Employer
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2024/01/01 - Current	Researcher (Research) Instituto Piaget, Portugal	Instituto Piaget, Portugal
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2017/03/21 - Current	Researcher (Research) Universidade de Lisboa Instituto de Biofísica e Engenharia Biomédica, Portugal	Universidade de Lisboa Faculdade de Ciências, Portugal
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2012/01/01 - 2017/03/21	Researcher (Research)	Instituto de Arte Design e Empresa Universitário Unidade de Investigação em Design e Comunicação, Portugal
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2011/10/01 - 2014/08/31	Researcher (Research) Instituto Português de Administração de Marketing, Portugal	Instituto Português de Administração de Marketing de Lisboa, Portugal
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1993/09/01 - 2005/08/31	Researcher (Research)	Centro de Psicometria e Psicologia da Educação Faculty of Psychology, University of Lisbon, Portugal
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Teaching in Higher Education

	Category Host institution/organization	Employer
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2023/03/07 - Current	Associate Professor (University Teacher)	Instituto Piaget de Almada, Portugal
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2012/09/15 - 2017/06/30	Assistant Professor (University Teacher)	Instituto de Arte Design e Empresa - Universitário, Portugal
2009 - 2012	Adjunct Teacher (Polytechnic Teacher)	Instituto Português de Administração de Marketing de Lisboa, Portugal
2000/09/01 - 2007/08/31	Associate Professor (University Teacher)	Universidade Independente, Portugal
1993/09/01 - 2000/08/31	Assistant Professor (University Teacher)	Instituto de Serviço Social de Lisboa, Portugal
1993/09/01 - 1996/08/31	Invited Assistant Professor (University Teacher)	Universidade de Lisboa Faculdade de Psicologia, Portugal

Positions / Appointments

	Category Host institution/organization	Employer
2024/01/01 - Current	Coordinator of Health Research Group at INSIGHT Instituto Piaget de Almada, Portugal	Instituto Piaget, Portugal
2023/03 - Current	Director of the Master In Clinical and Health Psychology	Instituto Piaget, Portugal
2001/09/30 - 2006/08/31	Organic Unit Director	Universidade Independente, Portugal
1995/05/01 - 2000/08/31	President of the Scientific Council	Instituto de Serviço Social de Lisboa, Portugal

Others

	Category Host institution/organization	Employer
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2024/01/01 - Current	Invited Editor of a Special Number in Psycho-Oncology: Clinical Health Psychology Research in Cancer. International Journal of Clinical Health Psychology Instituto Piaget, Portugal	Instituto Piaget, Portugal
2011/10/01 - 2013/10/01	Scientific Coordinator Executive Master Neuromarketing	Instituto Português de Administração de Marketing de Lisboa, Portugal
2003/09/01 - 2007/08/31	Coordinator Master Degree in Clinical Health Psychology	Universidade Independente, Portugal
2003/09/01 - 2007/08/31	Scientific Coordinator of Post-graduation course in Psychotherapy	Universidade Independente, Portugal
2005/01/02 - 2005/06/30	Referee of scientific projects	Agencia Nacional De Promoción Científica Y Tecnológica, Argentina
2003/09/01 - 2004/08/31	Scientific Coordinator Post-graduation course on Psycho-Oncology and Palliative Care	Universidade Independente, Portugal
2002/02/01 - 2003/08/31	Member of the External Committee of evaluation of university courses	CNAVES conselho nacional de avaliação do ensino superior, Portugal
1997/09/01 - 2000/08/31	Coordinator Doctoral Program in Social Work	Instituto de Serviço Social de Lisboa, Portugal

Projects

Grant

	Designation	Funders
2024/01/01 - 2026/12/31	Human-Centric AI-Enabled Extended Reality Applications for the Industry 5.0 Era 101135209 Principal investigator Instituto Piaget, Portugal	Commission Européenne Représentation au Luxembourg, Luxembourg Ongoing

2020/01/01 - 2023/12/31	A digital guardian angel enhancing cancer patient's wellbeing and health status improvement following treatment H2020-SCI-DTH-2018-2020 - 875392	European Commission, Belgium
	Principal investigator FCiênciasID Associação para a Investigação e Desenvolvimento de Ciências, Portugal Universidade de Lisboa Instituto de Biofísica e Engenharia Biomédica, Portugal	Ongoing
2017/03/21 - 2020/03/21	Distress and regional brain metabolism: a correlational study in metastatic breast cancer patients (PTDC/MHC-PSC/3897/2014) PTDC/MHC-PSC/3897/2014	Fundação para a Ciência e a Tecnologia, Portugal
	Post-doc Fellow Universidade de Lisboa Instituto de Biofísica e Engenharia Biomédica, Portugal Fundação Champalimaud, Portugal Instituto Gulbenkian de Ciência, Portugal	Concluded
2016 - 2017	WarnChild - The use of affective pictures for preventing the poisoning of young children with household products P2016/UEM35	Universidade Europeia, Portugal
	Principal investigator Instituto de Arte Design e Empresa Universitário Unidade de Investigação em Design e Comunicação, Portugal	Concluded
2005/06/01 - 2008	JoinTS - Joint psychological Therapy Support POSC/62473/PT	Fundação para a Ciência e a Tecnologia, Portugal
	Co-Principal Investigator (Co-PI) Universidade de Lisboa Laboratório de Sistemas Informáticos de Grande Escala, Portugal Centro de Investigação em Saúde e Desenvolvimento Humano, Portugal	Concluded
2004/03/15 - 2006	SCOPE - Supporting Cognition Outlines on Psychological Evaluation info:eu-repo/grantAgreement/FCT/Orçamento de Funcionamento/POSC/44247/PT	Fundação para a Ciência e a Tecnologia, Portugal
	Co-Principal Investigator (Co-PI) Universidade de Lisboa Laboratório de Sistemas Informáticos de Grande Escala, Portugal Centro de Investigação em Saúde e Desenvolvimento Humano, Portugal	Concluded
1997/07 - 2000	Socio-Cognitive development of subjective meanings related with health and disease: implications to health education PRAXIS /PCSH/ P/PSI / 89/96	Fundação para a Ciência e a Tecnologia, Portugal
	Principal investigator	Concluded

1989 - 1992	Exposure to didactic psychotherapy videos and promotion of hospital and post-hospital autonomy in parasuicide, cancer patients and parents of baby at risk. 87 442/PSI PhD Student Fellow Centro de Psicometria e Psicologia da Educação Faculty of Psychology, University of Lisbon, Portugal	Fundação para a Ciência e a Tecnologia, Portugal Concluded
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Contract

	Designation	Funders
2008/02/01 - 2011/01/31	DIMENSÕES NARRATIVAS E CORPORAIS DO BEM-ESTAR SUBJECTIVO SFRH/BPD/42772/2008 Post-doc Universidade de Coimbra Faculdade de Psicologia e de Ciências da Educação, Portugal	Fundação para a Ciência e a Tecnologia, Portugal Concluded

Other

	Designation	Funders
2013 - 2014/01	mapping of needs and resources in communication skills and psychosocial care in Europe Action under WP7- EPAAC Researcher The European Partnership for Action Against Cancer (EPAAC), Slovenia	The European Partnership for Action Against Cancer (EPAAC), Slovenia Concluded

Outputs

Publications

Book	1	Reis, Joaquim C.. <i>What is health? personal meanings, scientific models and health education</i> . Lisbon, Portugal: Vega. 2005. Published
	2	Reis, Joaquim C.. <i>The hippocratic smile: the biopsychosocial integration of health and disease processes</i> . Lisbon, Portugal: Vega. 1998. Published
Book chapter	1	Scherrer, Alexander; Zimmermann, Tobias; Riedel, Sinan; Mousa, Fihmi; Wasswa-Musisi, Isa; Zifrid, Robert; Tillil, Hartmut; et al. "Digitally Assisted Planning and Monitoring of Supportive Recommendations in Cancer Patients". In <i>Artificial Intelligence Applications and Innovations. AIAI 2022 IFIP WG 12.5 International Workshops</i> , 401-411. Cham, Switzerland: Springer International Publishing Nature, 2022. Published · 10.1007/978-3-031-08341-9_32

- 2 dos Santos, José Paulo Marques; Ferreira, Hugo; Reis, Joaquim; Prata, Diana; Simões, Sofia Pereira; Borges, Inês Drummond. "The Use of Consumer Neuroscience Knowledge in Improving Real Promotional Media: The Case of Worten". In *Smart Innovation, Systems and Technologies*, 202-218. Singapore: Springer Singapore, 2019.
Published · 10.1007/978-981-15-1564-4_20
- 3 Travado, Luzia; Reis, Joaquim C.. "Techniques and communication skills". In *Temas fundamentais em Psico-oncologia (Psycho-Oncology Themes)*, edited by Emilia Albuquerque; Ana Sofia Cabral, 329-338. Lisbon, Portugal: Lidel: Lisboa, 2015.
Published
- 4 Reis, Joaquim C.. "Health education: reproduction or construction? passivity or activity? (Educação para a saúde: reprodução ou construção? passividade ou actividade?)". In *Psicologia nos cuidados de saúde primários*, edited by Isabel Trindade; José Carvalho Teixeira, 65-78. Portugal: Climepsi, 2007.
Published
- 5 Reis, Joaquim C.. "Contribuições da Psicologia para os processos preventivos e de promoção da saúde". In *Psicologia da Saúde. Contextos e áreas de intervenção*, edited by José Carvalho Teixeira, 101-128. Lisbon, Portugal: Climepsi, 2007.
Published

Conference abstract

- 1 Reis, Joaquim C.; Travado, Luzia; Heller, Aaron; Oliveira, FPM; Silvia D. Almeida; Berta de Sousa; Campos Costa, Durval; Antoni, Michael. "GREATER PERCEIVED STRESS MANAGEMENT SKILLS, BRAIN METABOLISM AND DEPRESSIVE SYMPTOMS IN METASTATIC BREAST CANCER PATIENTS". Paper presented in *24th IPOS World Congress of Psycho-Oncology, milão, 2023*.
Published
- 2 Reis, JC; Travado, Luzia. "A digital guardian angel app based on a patient-centered AI system to enhancing cancer patient's wellbeing and health status improvement following treatment.". Paper presented in *22nd world congress of psycho-oncology & Psychosocial academy - Journal of Psychosocial Oncology Research and Practice (2021) 3:S1, 2022*.
Published · 10.1097/or9.0000000000000054
- 3 Travado, Luzia; Reis, Joaquim C.; Diamantopoulos, Sotiris; Charalampous Vassiliou et al.,. "Development of a composite index of quality of life and well-being (QoL/WB) for cancer patients and survivors in the context of the ONCORELIEF project". Paper presented in *WORLD CONGRESS OF PSYCHO-ONCOLOGY - Journal of Psychosocial Oncology Research and Practice (2022) 4:S1, Toronto, 2022*.
Published
- 4 Reis, Joaquim C.; Travado, Luzia; Francisco Oliveira; Elsa Seixas; Berta Sousa; Campos Costa, Durval; Antoni, Michael. "What Are The Biobehavioral Processes Related With Distress That May Have Implications On The Clinical Outcomes Of Metastatic Breast Cancer Patients? Main Conclusions Of The Distressbrain Project". Paper presented in *Psycho-Oncology world congress - IPOS 2022 - Journal of Psychosocial Oncology Research and Practice (2022) 4:S1, 2022*.
Published
- 5 Travado, Luzia; Reis, JC. "ONCORELIEF: a H2020 project supporting the development of an App and AI system for assisting cancer patients' improvement of wellbeing and quality of life". Paper presented in *the 22nd world congress of psycho-oncology & Psychosocial academy, kyoto, 2021*.
Published

- 6 Luzia Travado (0000-0003-3509-3035); Reis, Joaquim C.; Antoni, Michael; Seixas, Elsa; Oliveira, Francisco; Sousa, Berta; Almeida, Silvia D.; Almeida, Pedro; Costa, Durval. "EMOTIONAL DISTRESS, BRAIN FUNCTIONING, SOCIAL WELL-BEING AND BIOBEHAVIORAL PROCESSES IN METASTATIC BREAST CANCER PATIENTS: OUTCOMES OF THE DISTRESSBRAIN PROJECT". Paper presented in *Advanced Breast Cancer Sixth International Consensus Conference, lisboa*, 2021.
Published
- 7 Travado, Luzia; Reis, Joaquim C.; Antoni, Michael; Silvia, D.A.. "Self-Management Skills as predictors of positive affect and social well-being in metastatic breast cancer patients". Paper presented in *Advanced breast cancer fifth international consensus conference (ABC5), Lisboa*, 2019.
Published
- 8 Reis, Joaquim C.; Travado, Luzia; michael antoni; Francisco Almeida; Berta Sousa; Silvia D Almeida; Durval Costa. "Emotional Distress and brain functioning metabolism in metastatic breast cancer patients: a neuro-imaging study with 18F-FDG PET /CT". Paper presented in *Advanced breast cancer fifth international consensus conference (ABC5), Lisbon*, 2019.
Published
- 9 Reis, Joaquim C.; Travado, Luzia; Elsa Seixas; Antoni, Michael H.; Francisco, Oliveira. "Psychological Adversity, Self-Management Skills and Stress-Related Neuroendocrine Activity in Metastatic Breast Cancer Patients". Paper presented in *IPOS-BANFF 2019 21th world congress of psycho-oncology, Banff*, 2019.
Accepted
- 10 Reis, Joaquim C.; Travado, Luzia; Antoni, Michael H.. "Distress, brain metabolism, and biobehavioral processes in metastatic breast cancer patients". Paper presented in *Congresso Nacional de Investigação Científica em Oncologia Psicossocial – Universidade de Aveiro, aveiro*, 2019.
Published
- 11 Almeida, S D; Francisco Oliveira; Durval Costa; Reis, Joaquim C.; Luzia Travado. "Assessment of Brain Regional Hypometabolism in Metastatic Breast Cancer Patients with 18F-fluorodeoxyglucose: influence of the reference region". Paper presented in *Annual Congress of the European Association of Nuclear Medicine, Barcelona*, 2019.
Published
- 12 Travado, Luzia; Reis, Joaquim C.; Antoni, Michael H.. "Prevalence of Psychological Distress, Anxiety and Depression in Metastatic Breast Cancer Patients". Paper presented in *World Cancer Congress, kuala-lumpur*, 2018.
Published · 10.1200/jgo.18.90800
- 13 Porebiak, Marta; Ostrowski, Marek; Luzia Travado; Reis, Joaquim C.; Delaney, G.. "Using Virtual Reality Technology in Behavioral Relaxation Training for Oncology Patients – Feasibility Study". Paper presented in *World Congress of Psycho-Oncology (IPOS 2018), Hong Kong*, 2018.
Published
- 14 Reis, Joaquim C.; Antoni, Michael; Luzia Travado (0000-0003-3509-3035). "Brain mediated mechanisms of Distress and health effects of psychosocial interventions in cancer patients". Paper presented in *World Congress of Psycho-Oncology (IPOS 2018), Hong-Kong*, 2018.
Published

- 15 Reis, Joaquim C.; Travado, Luzia; Durval, C.. "Distress, Brain Metabolism And Inflammatory Processes: A Study With Metastatic Breast Cancer Patient". Paper presented in *World Congress of Psycho-Oncology (IPOS 2018), Hong_kong, 2018*.
Published
- 16 Travado, Luzia; Reis, Joaquim C.; Durval Costa; Berta Sousa; Almeida, P. (341B-2610-49E9); Antoni, Michael H.; Elsa Seixas; Joana Castanheira. "Distress and regional brain metabolism in metastatic breast cancer patients: Methodology and preliminary results of a study using PET". Paper presented in *19th World Congress of Psycho-Oncology and Psychosocial Academy, Berlin, 2017*.
Published
- 17 Reis, Joaquim C.; Luzia Travado; Luis Carriço; Marco de Sá. "Computer Support for Cognitive-Behavioral Group therapy with cancer patients". Paper presented in *10th world congress of psycho-oncology, Madrid, 2008*.
Published
- 18 Reis, Joaquim C.; Travado, Luzia; Luis Carriço; Marco de Sá. "Cognitive-behavioral therapy with a cancer patient via handheld computing". Paper presented in *8th World Congress of Psycho-oncology, Venice, 2006*.
Published
- 19 Silvia Sereno; Reis, Joaquim C.. "Palliative patients: a qualitative study into the construction of meaning and well-being". Paper presented in *8th World Congress of Psycho-oncology, Venice, 2006*.
Published
- 20 Lucas, Hugo; Reis, Joaquim C.. "Illness representation and levels of quality of life, anxiety and depression in patients with prostate cancer". Paper presented in *8th World Congress of Psycho-oncology, Venice, 2006*.
Published
- 21 Reis, Joaquim C.; Travado, Luzia. "DVD - Communication Skills For Cancer Care Professionals With Introduction To Spikes- Protocol". Paper presented in *8th World Congress of Psycho-oncology, Venice, 2006*.
Published
- 22 Reis, Joaquim C.; Travado, Luzia. "Breast cancer patient's subjective meanings about their illness: a cognitive-developmental framework". Paper presented in *6th world congress of Psycho-oncology., Banff Alberta, 2003*.
Published
- 23 Travado, Luzia; Reis, Joaquim C.. "What do they think about their illness? Breast cancer patient's conceptions about their illness and recovery". Paper presented in *5th world congress of Psycho-Oncology, Melbourne, 2000*.
Published

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- Conference paper
- 1 Almeida, Bruno; Guedes, Joana; Ferreira, Pedro; Di Orio, Giovanni; Matteri, Davide; Montini, Elias; Dell'Oca, Samuele; et al. "Integrating Asset Administration Shell with an IIoT Platform for Human-Centric Digital Twins". Paper presented in *2025 21st International Conference on Distributed Computing in Smart Systems and the Internet of Things (DCOSS-IoT), Lucca, 2025*.
10.1109/dcooss-iot65476.2025.00164
- 2 Kiourtis, Athanasios; Mavrogiorgou, Argyro; Makridis, Georgios; Kyriazis, Dimosthenis; Soldatos, John; Fatouros, Georgios; Ntalaperas, Dimitrios; et al. "XR5.0: Human-Centric AI-Enabled Extended Reality Applications for Industry 5.0". Paper presented in *36th Conference of Open Innovations Association (FRUCT), 2024*.

- 3 Maturo, Antonio; Moretti, Veronica; Gibin, Marta; Parolini, Margherita; Meggiolaro, Elena; Sullo, Francesco; Kosmidis, Thanos; Reis, Joaquim C.. "The construction of a Quality of Life Wellbeing Index for cancer patients in follow-up: the ONCORELIEF project". 2022.
10.5281/zenodo.8363373
- 4 de Sá, Marco; Carriço, Luís; Antunes, Pedro; Reis, Joaquim C.; Lucas, Hugo. "Defining personalized therapies for handheld devices". 2007.
10.1145/1244002.1244043
- 5 Carriço, Luís; de Sá, Marco; Antunes, P.; Reis, Joaquim C.. "Mobile devices for active psychotherapy". Paper presented in *International Conference on Applied Computing, San Sebastian, 2006*.
Published
- 6 Reis, Joaquim. "Educação para a Saúde: reprodução ou construção? Passividade ou actividade?". Paper presented in *V Conferencia Psicologia nos Cuidados de Saúde Primários, lisbon, 2004*.

Conference poster

- 1 Luzia Travado; Reis, Joaquim C.; michael antoni. "Are Perceived Self-Management Skills protective against psychological morbidity? A study with metastatic breast cancer patients.". Paper presented in *19th world congress of psychiatry, 2019*.
- 2 José Paulo Santos; Hugo Ferreira; Reis, Joaquim C.; Diana Prata. "The use of consumer neuroscience knowledge in improving real promotional media: the case of Worten". Paper presented in *1º Congresso Internacional de Ciências Empresariais. Universidade e Empresas: casamento ou divórcio?, 2018*.
10.1109/miv.1989.40545
- 3 Reis, Joaquim C.; Magda Saraiva; Hugo Ferreira. "The use of affective pictures for preventing the poisoning of young children through household products". Paper presented in *EFPA 15th European Congress of Psychology, Amsterdam, Holand, 2017*.
- 4 Reis, Joaquim C.; Margarida Pedroso Lima. "The embodiment of knowledge in positive experience". Paper presented in *Complejidad 2010 - 5th Congreso Bienal Internacional acerca de las implicaciones filosóficas, epistemológicas e metodológicas de la teoría de la complejidad, 2010*.
- 5 Reis, Joaquim C.; Fradique, Fernando S.. "Significations about causes and prevention of diseases through adult lifespan.". Paper presented in *17th Conference of the European Health Psychology Society. Gender, Culture and Health, 2003*.
- 6 Reis, Joaquim C.; Travado, Luzia. "What and How do they think about their illness? Results from a qualitative study on breast women ´s significations using a cognitive-developmental framework". Paper presented in *17th Conference of the European Health Psychology Society. Gender, Culture and Health., 2003*.

- 7 Reis, Joaquim C.; Travado, Luzia. "What do they think about their illness? Breast cancer patient´s conceptions about their illness and recovery". Paper presented in *5th world congress of psycho-oncology - Melbourne Australia*, 2000.
- 8 Reis, Joaquim C.; Luis Joyce-Moniz. "A construtivist and developmental methodology for the prevention of excessive emotional reactions in health psychology". Paper presented in *III International Conference on Constructivism in Psychotherapy*, 1992.

Journal article

- 1 Reis, Joaquim C.; Travado, Luzia; Antoni, Michael H.. "Advancing health psychology research in oncology: Biobehavioral models, stress pathways, and stress-management interventions for cancer patients". *International Journal of Clinical and Health Psychology* 25 3 (2025): 100615. <https://doi.org/10.1016/j.ijchp.2025.100615>.
Published · 10.1016/j.ijchp.2025.100615
- 2 Reis, Joaquim C.; Travado, Luzia; Heller, Aaron S.; Oliveira, Francisco P. M.; Almeida, Silvia D.; Sousa, Berta; Costa, Durval C.; Antoni, Michael H.. "Greater perceived stress management skills and heightened brain metabolic activity in cortical and subcortical stress processing regions in metastatic breast cancer patients". *Brain Imaging and Behavior* (2023): <http://dx.doi.org/10.1007/s11682-023-00821-2>.
Published · 10.1007/s11682-023-00821-2
- 3 Reis, Joaquim; Travado, Luzia; Scherrer, Alexander; Kosmidis, Thanos; Venios, Stefanos; Laras, Paris Emmanouil; Oestreicher, Gabrielle; et al. "Digital Guardian Angel Supported by an Artificial Intelligence System to Improve Quality of Life, Well-being, and Health Outcomes of Patients With Cancer (ONCORELIEF): Protocol for a Single Arm Prospective Multicenter Pilot Study". *JMIR Research Protocols* 12 (2023): e45475. <http://dx.doi.org/10.2196/45475>.
Published · 10.2196/45475
- 4 Reis, Joaquim C.; Travado, Luzia; Seixas, Elsa; Sousa, Berta; Antoni, Michael H.. "Perceived efficacy of stress management skills, emotional distress, and diurnal cortisol in women with metastatic breast cancer.". *International Journal of Stress Management* (2022): <http://dx.doi.org/10.1037/str0000260>.
Published · 10.1037/str0000260
- 5 Reis, Joaquim C.; Travado, Luzia; Seixas, Elsa; Sousa, Berta; Antoni, Michael H.. "Low social and family well-being is associated with greater RAGE ligand s100A8/A9 and interleukin-1 beta levels in metastatic breast cancer patients". *Brain, Behavior, & Immunity - Health* 21 (2022): 100433. <http://dx.doi.org/10.1016/j.bbih.2022.100433>.
Published · Open access · 10.1016/j.bbih.2022.100433
- 6 Reis, JC; Luzia Travado; Antoni, Michael; Francisco P. M. Oliveira; Silvia D. Almeida; Pedro Almeida; Aaron S. Heller; Berta Sousa; Durval C. Costa. "Negative affect and stress-related brain metabolism in patients with metastatic breast cancer". *Cancer* 126 13 (2020): 3122-3131. <https://doi.org/10.1002/cncr.32902>.
Published · 10.1002/cncr.32902
- 7 Reis, Joaquim C.; Antoni, Michael H.; Travado, Luzia. "Emotional distress, brain functioning, and biobehavioral processes in cancer patients: a neuroimaging review and future directions". *CNS Spectrums* 25 1 (2020): 79-100. <http://dx.doi.org/10.1017/s1092852918001621>.
Published · 10.1017/s1092852918001621

- 8 Travado, Luzia; Reis, Joaquim C.; Watson, Maggie; Borràs, Josep. "Psychosocial oncology care resources in Europe: a study under the European Partnership for Action Against Cancer (EPAAC)". *Psycho-Oncology* 26 4 (2015): 523-530. <http://dx.doi.org/10.1002/pon.4044>.
Published · 10.1002/pon.4044
- 9 Travado, Luzia; Reis, Joaquim C.. "Breast cancer meanings: a cognitive-developmental study". *Psycho-Oncology* 22 9 (2013): 2016-2023. <http://dx.doi.org/10.1002/pon.3246>.
Published · 10.1002/pon.3246
- 10 Joaquim Reis; Fernando Fradique. "Significações leigas de saúde e de doença em adultos". *Análise Psicológica* 22 3 (2012): <http://dx.doi.org/10.14417/ap.219>.
10.14417/ap.219
- 11 Reis, Joaquim C.; Fradique, Fernando S.. "Developmental levels in adult's conceptions of health and disease". *Psicologia: Teoria e Pesquisa* 26 3 (2010): 493-504. <http://dx.doi.org/10.1590/s0102-37722010000300012>.
10.1590/s0102-37722010000300012
- 12 Reis, J.C.; Fradique, F.S.. "Developmental levels in adult's conceptions of health and disease | Níveis de desenvolvimento nas concepções dos adultos sobre saúde e doença". *Psicologia: Teoria e Pesquisa* 26 3 (2010): 493-504. <http://www.scopus.com/inward/record.url?eid=2-s2.0-78650658974&partnerID=MN8TOARS>.
10.1590/S0102-37722010000300012
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- Manual 1 Reis, Joaquim C.. *Promotion of well-being in breast cancer patients*. Lisbon, Portugal: Viva Mulher Viva Associação (Association of patients). 2007.

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- Preprint 1 Reis, Joaquim; Travado, Luzia; Scherrer, Alexander; Kosmidis, Thanos; Venios, Stefanos; Laras, Paris; Oestreicher, Gabrielle; et al. "ONCORELIEF - A Digital Guardian Angel Supported by an AI System to Improve Cancer Patient Quality of Life, Wellbeing and Health Outcomes: Protocol for a Pilot Study (Preprint)". 2023. <http://dx.doi.org/10.2196/preprints.45475>.
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- Report 1 Travado, Luzia; Reis, Joaquim C.; Borràs, Josep. 2014. *Mapping of needs and resources in communication skills and psychosocial care in Europe*. http://www.epaac.eu/images/END/Final_Deliverables/D11_Survey_report_on_the_mapping_of_needs_and_resources_in_communication_skills_and_psychosocial_care_in_Europe.pdf.

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- Working paper 1 Reis, Joaquim C.; Margarida Pedroso Lima. 2008. "The embodiment of positive experience". <https://drive.google.com/open?id=1kjLvKHRWQOJmM5mGkeoFGG-TMli6k9B9>.

Artistic / Performance

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- Theatre play 1 2009. *In search of well-being: the coping of women with breast cancer*.
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Other

- Other output
- 1 A Matter of Words: A Self-training series on communication skills for oncologists. This is a series of video a self-learning video series on communication skills in oncology. It is based on the most recent scientific evidence from Randomized Control Trials international guidelines for patient-clinician communication, such as the ASCO guidelines. This training is provided on a digital online platform format. It was sponsored by Pfizer Oncology.. 2018. Reis, Joaquim C.; Travado, Luzia; Walter Baile.
 - 2 In search of well-being: the coping of women with breast cancer. This is a drama script for helping breast cancer women to cope with their cancer. This drama was performed by a known drama group of Lisbon (grupo a Barraca).. 2009. Reis, Joaquim C..
 - 3 psychological support for cancer patients and families. This is a self-help manual for cancer patients and their families to better adjust to their illness. The Manual is based on Cognitive Behaviour Therapy (CBT). It is posted on the site www.infocancro.com which is a site with information about the biomedical aspects of the disease and treatments and it has also a section about patient support that focuses on the distress reactions of patients.. 2007. Reis, Joaquim C.. <https://www.roche.pt/sites-tematicos/infocancro/index.cfm/apoio>.
 - 4 communication skills for health professionals, including the breaking of bad news. This is a portuguese and english DVD with about 90 minutes. Its aim is to teach health professionals the basic skills of communication with patients and on how to deliver bad news to the patients. This DVD was recommended by the I*Care program of the MD Anderson Cancer Centre, Houston, USA, for physicians training. Sample of PT version: <https://www.youtube.com/watch?v=8OCLZlwAG7I>. 2005. Reis, Joaquim C.; Travado, Luzia. <https://www.youtube.com/watch?v=8OCLZlwAG7I>.

Activities

Oral presentation

	Presentation title	Event name Host (Event location)
2014/02/14	Do we really include the patients' priorities in the treatment decisions?	Rectal Cancer – When not to operate: an international consensus meeting Champalimaud Foundation (Lisbon, Portugal)
2013/05/16	Caracterização desenvolvimentista de significações de doença em mulheres com cancro da mama	V Simpósio Nacional de Investigação em Psicologia Fundação Calouste Gulbenkian (lisbon, Portugal)

2013/02/19	Consumption research at IPAM Lab: the case of neuromarketing	Fórum do Consumo ISCTE - IUL Instituto universitário de lisboa (lisbon, Portugal)
2011/10	Social Marketing for smoking prevention	Congresso de Pneumologia Sociedade Portuguesa de Pneumologia (Porto, Portugal)
2004/05/20	Significações de doença e de prevenção: implicações na educação para a saúde.	V CONFERENCIA Psicologia nos cuidados de saúde primários Instituto Superior Universitário de Psicologia e Sub-Região de Saúde de Lisboa (ministério da saúde) (Lisbon, Portugal)
2003/10/16	Meanings about causes and disease prevention in young adults, mild age and older lay person	V Simpósio Nacional de Investigação em Psicologia Fundação Calouste Gulbenkian (lisbon, Portugal)
2003/09/24	Adult significations about health and disease: a cognitive-developmental perspective	17th Conference of the European Health Psychology Society. Gender, Culture and Health European Health Psychology Society (Kos, Greece)
2002	Health Psychology	Psychologists working in health care centres Ministério da Saúde Sub-Região de Saúde de Lisboa e Vale do Tejo (Lisbon, Portugal)
1999/05	Development of a didactic methodology to health education based on a constructivist-developmental approach	First International Conference on Critical and Qualitative Approaches to Health Psychology (St John's Newfoundland, Canada)
1999/05	Chair of the seminar: Models of Health Psychology	First International Conference on Critical Approaches to Health Psychology (St. John's Newfoundland, Canada)
1999	A constructivist-developmental perspective in health psychology	First International Conference on Critical and Qualitative Approaches to Health Psychology (Newfoundland, Canada)
1995	Intervenção Cognitivista em Psicologia da Saúde	Jornadas Nacionais de Terapia Comportamental e Cognitiva Associação de terapias comportar e cognitiva (Lisbon, Portugal)

1991	Treino didático construtivista e desenvolvimentista de confronto metacognitivo para prevenção de reacções ansiogéneas em pacientes de cirurgia cardíaca	Congresso Internacional sobre Stress, Ansiedade e Desordens Emocionais Universidade de Braga (Braga, Portugal)
1989	Psychological intervention with cancer patients	6as. Jornadas de Pós-Graduação em Psiquiatria universidade católica (lisbon, Portugal)
1988/06	Developmental Psychology: Dialectical and Regulatory Representations of Symptoms and Syndromes in Health Psychology	First European Summer School of Cognitive Therapy associação portuguesa de terapias comportamental e cognitiva (Lisbon, Portugal)
1988	Construction and dialectics in health psychology research	I Seminário Internacional de Pesquisa em Saúde - II Simpósio de Pesquisa em Enfermagem do Distrito Federal. Associação Portuguesa de Psicologia (Lisbon, Portugal)
1988	Avaliação e Tratamento das desordens de Stress Post-Traumático (PTSD)	Simpósio Traumatismos Psicológicos provocados pelo Stress de Guerra Associação dos deficientes das forças armadas (Lisbon, Portugal)
1987	Personality and Group Factors on Stress Appraisal	23. Simposium Internacional de Psicologia Militar Aplicada Escola do Serviço de Saúde Militar (Lisbon, Portugal)
1986/11	Stress and coping: the relevance of cognitive evaluation	I Encontro Ibérico de Terapia Comportamental Associação portuguesa de terapia do comportamento (Porto, Portugal)
1986	A cognitive-behavioural relapse model	I Encontro Nacional de Psicologia Militar Escola do Serviço de Saúde Militar (Lisbon, Portugal)
1986	Stress e confronto num grupo de cadetes fuzileiros	I Encontro Nacional de Psicologia Militar Escola do Serviço de Saúde Militar (Lisbon, Portugal)

Supervision

	Thesis Title Role	Degree Subject (Type) Institution / Organization
2015/02/09 - 2018/12/07	PhD Music Performance anxiety among classical musicians: strategies for improving performance and applications for classical guitarists	Musica e musicologia - especialidade de interpretação (PhD) Universidade de Évora Instituto de Investigação e Formação Avançada,

Co-supervisor Portugal

2012 - 2013	Secret gardens: the creation of a brand Supervisor	Gestão de Marketing (Master) Instituto Português de Administração de Marketing de Lisboa, Portugal
2011 - 2012	The psychological profile of photo tourists Supervisor	Gestão de Marketing (Master) Instituto Português de Administração de Marketing de Lisboa, Portugal
2005 - 2006	Meanings of health, illness and drug dependency in drug addicts Supervisor	Clinical Health Psychology (Master) Universidade Independente, Portugal
2005 - 2006	Health and disease meanings in a context of social exclusion Supervisor	Clinical Health Psychology Universidade Independente, Portugal
2005 - 2006	Illness meanings of parents of autistic children Supervisor	Clinical Health Psychology (Master) Universidade Independente, Portugal
2005 - 2006	Narrative dimensions, sense of coherence and well-being in amputees Supervisor	Clinical Health Psychology Universidade Independente, Portugal
2004 - 2006	Illness representation and quality of life in prostatic cancer patients. Supervisor	Clinical Health Psychology (Master) Universidade Independente, Portugal
2004 - 2005	The construction of meaning in palliative patients Supervisor	Clinical Health Psychology Universidade Independente, Portugal
2002 - 2003	Health and disease meanings in stroke patients Supervisor	Social Work (Master) Instituto de Serviço Social de Lisboa, Portugal
2000 - 2001	The practice of social work in an hospital and the development of social skills in cancer patients Supervisor	Serviço social (Master) Instituto de Serviço Social de Lisboa, Portugal
1999 - 2000	reinsertion of chronic mental patients Supervisor	serviço social (Master) Instituto de Serviço Social de Lisboa, Portugal

Event organisation

Event name Type of event (Role)	Institution / Organization
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1988/06 - 1988/07	Member of the organisation Committee of the First European Summer School of Cognitive Therapy (2008 - 2008) Other
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Jury of academic degree

Theme Role	Candidate name (Type of degree) Institution / Organization
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2012	Transferência de conhecimentos de marketing entre as unidades de negócio da Robert Bosch Iberia (Thesis) Arguer	João Paulo Teixeira (Master) Instituto Português de Administração de Marketing de Lisboa, Portugal
2012	Estratégias de captação de empresas PME líderes para os serviços de marketing online (Thesis) Arguer	Ricardo Alexandre de Sousa (Master) Instituto Português de Administração de Marketing de Lisboa, Portugal
2001	A developmental study of familial amyloid polyneuropathy (Thesis) Main arguer	José Manuel Correia Cardoso (Master) Universidade de Lisboa Faculdade de Psicologia, Portugal
1999	A construção do Serviço social Português e o estado de mal-estar salazarista President of the jury	Bernardo Alfredo Henriques (Master) Instituto de Serviço Social de Lisboa, Portugal

Conference scientific committee

Conference title	Conference host
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2015/05/05 - 2015/10	2009 IEEE 8th International Conference on ASIC	Universidade europeia - IADE
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Consulting

Activity description	Institution / Organization
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2018 - Current	Virtual Reality project - Expert in psycho-oncology to advise in the development of a virtual reality tool for help cancer patients to experience relaxation, learn more about their thoughts and feelings, and develop coping mechanisms based on CBT concepts and methods (see www.prosoma.com).	prosoma, United Kingdom
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Journal scientific committee

	Journal title (ISSN)	Publisher
2023/09 - Current	International Journal of Clinical Health Psychology	Elsevier

Mentoring / Tutoring

	Topic	Student name
2006/01 - 2006/06	Assess the feasibility of the software developed to assess patients thoughts and emotions	Hugo Manuel Lucas
2004 - 2005	Assessment methods in Cognitive Psychotherapy	Andreia Catarina Martins de Carvalho

Other jury / evaluation

	Activity description	Institution / Organization
2021 - Current	Reviewer: Annals of the New York Academy of Sciences	
2014 - Current	Reviewer - The Breast. (IF: 2.951) International, multidisciplinary journal for clinicians, which focuses on translational and clinical research for the advancement of breast cancer prevention and therapy	Australasian Society for Breast Disease, Australia
2014 - Current	Reviewer - Psycho-oncology Journal (IF: 3.455)	American Psychosocial Oncology Society, United States
2014/02/24 - 2014/10	Reviewer: 16th World Congress of Psycho-Oncology - IPOS – Lisbon - October	International Psycho-Oncology Society, Canada
2000/04/03 - 2000/04/03	Member of the Jury for Associate Professor Position. Candidate: Maria Augusta Geraldés Negreiros	Instituto de Serviço Social de Lisboa, Portugal
1997 - 1997	Presidente of the jury for the evaluation of the Pedagogical and Scientific Capacity in the academic career. Candidate: Maria João Carapeto	Instituto de Serviço Social de Lisboa, Portugal

Distinctions

Award

1998	Award by Ministry of Culture (Portuguese) by the book: "The Hippocrates smile: the biopsychosocial integration of health and disease processes" ". Vega, 1998, Lisboa Direção-Geral do Livro dos Arquivos e das Bibliotecas, Portugal
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